

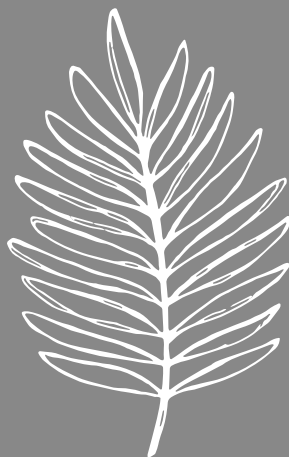


A SEASON OF

gratitude

*We always thank God for all of you
and pray for you constantly. As we pray
to our God and Father about you,
we think of your faithful work, your
loving deeds, and the enduring hope you
have because of our Lord Jesus Christ.*

1 Thessalonians 1:2-3



welcome.

TO 30 DAYS OF GRATITUDE

It's a season of gratitude!

This journal was created just for you to remember all that God has provided. At the end of the month, you will have 90 individual items that you are grateful for. And, a bonus page to add 10 more and make it to 100!

Each Day...

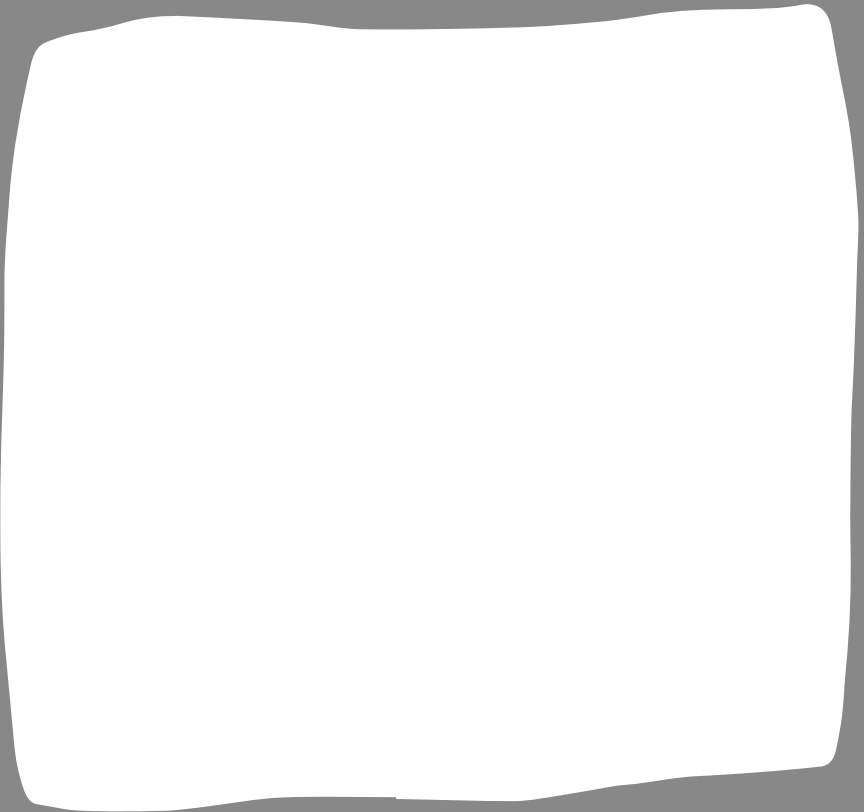
1. Record 3 things/people/experiences that you are grateful for.
2. No repeats. Write new, fresh items each day.
3. Pray a prayer of thanksgiving.

That's it!!!



day 1

Sing to the Lord, all the earth; proclaim his salvation day after day. Declare his glory among the nations, his marvelous deeds among all peoples. For great is the Lord and most worthy of praise; he is to be feared above all gods. For all the gods of the nations are idols, but the Lord made the heavens. 1 Chronicles 16:23-26



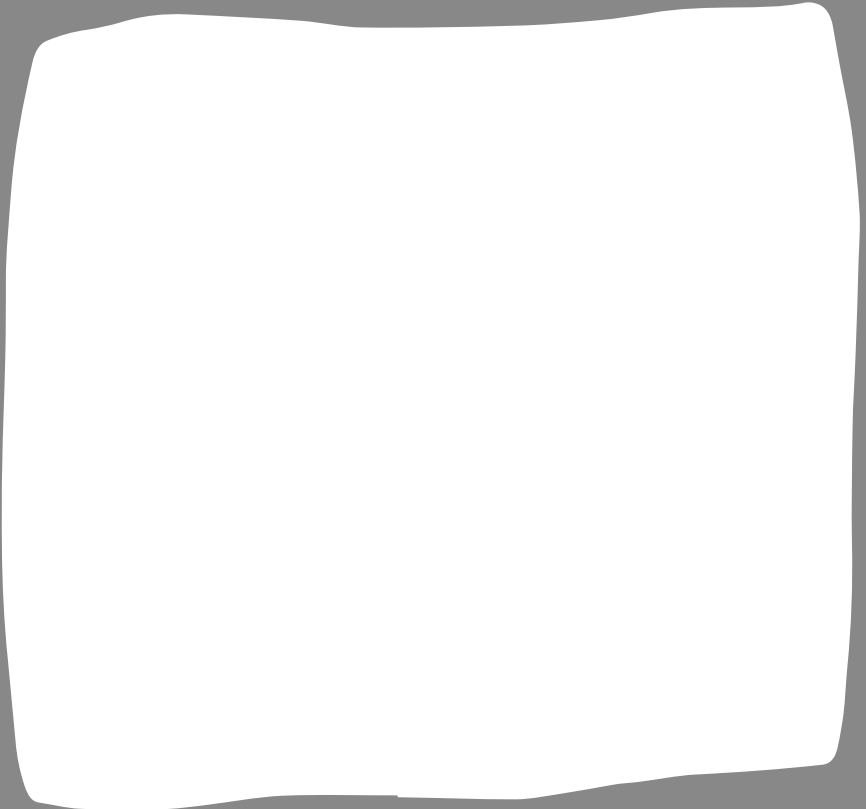
day 2

*And now we thank you, our God, and praise your
glorious name. 1 Chronicles 29:13*



day 3

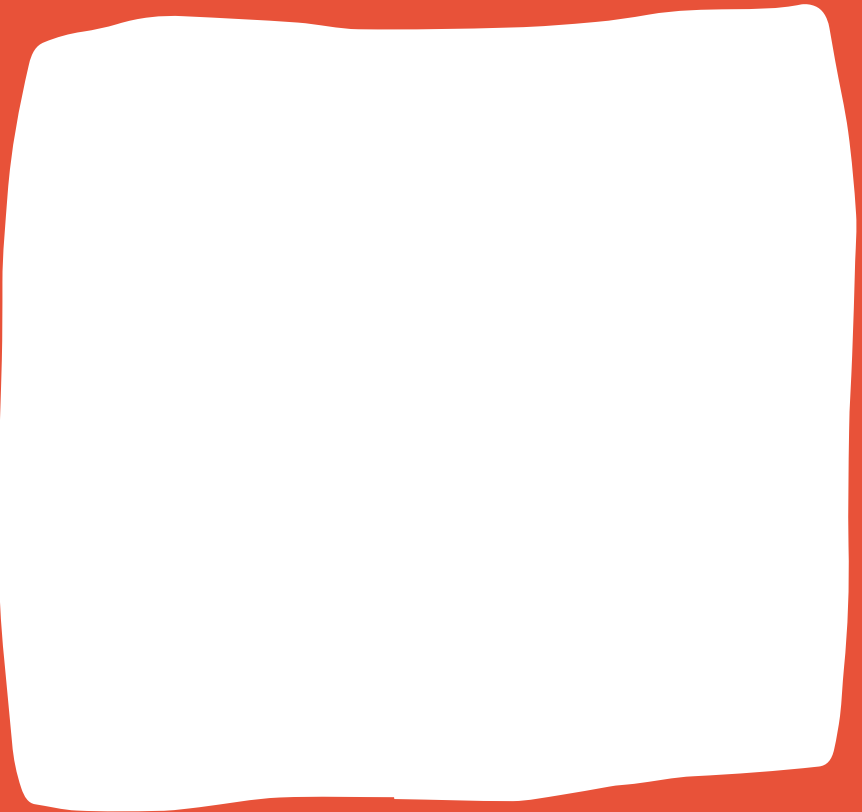
Through him then let us continually offer up a sacrifice of praise to God, that is, the fruit of lips that acknowledge his name. Hebrews 13:15



day 4

The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him.

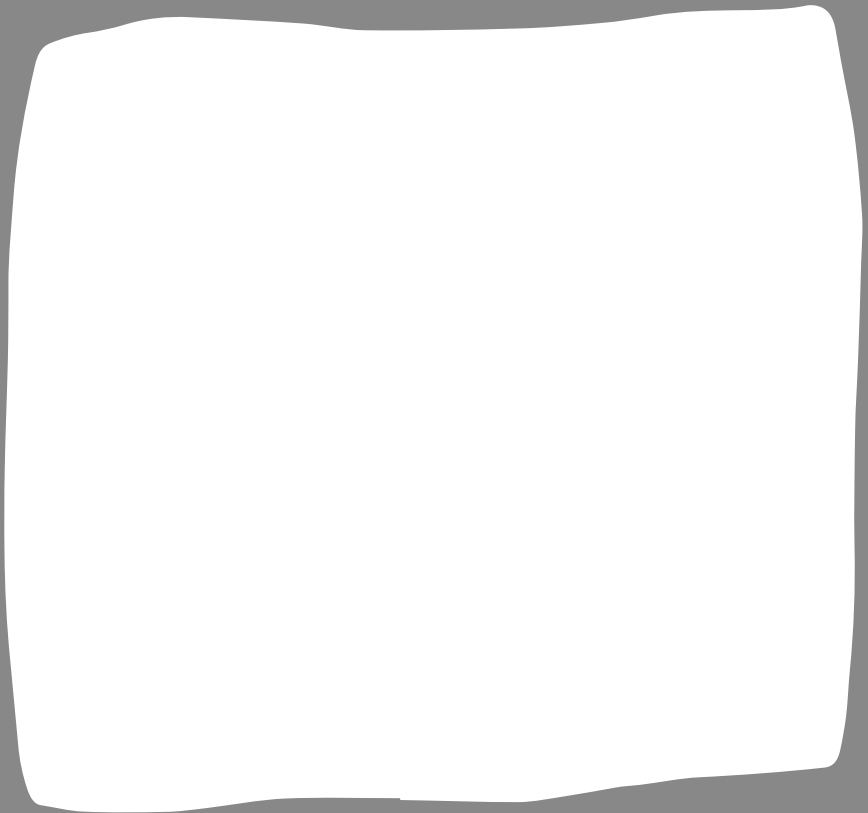
Psalm 28:7



day 5

*In God, whose word I praise—in God I trust and
am not afraid. What can mere mortals do to me?*

Psalm 56:4



day 6

*I will praise the name of God with a song; I will magnify him
with thanksgiving. Psalm 69:30*

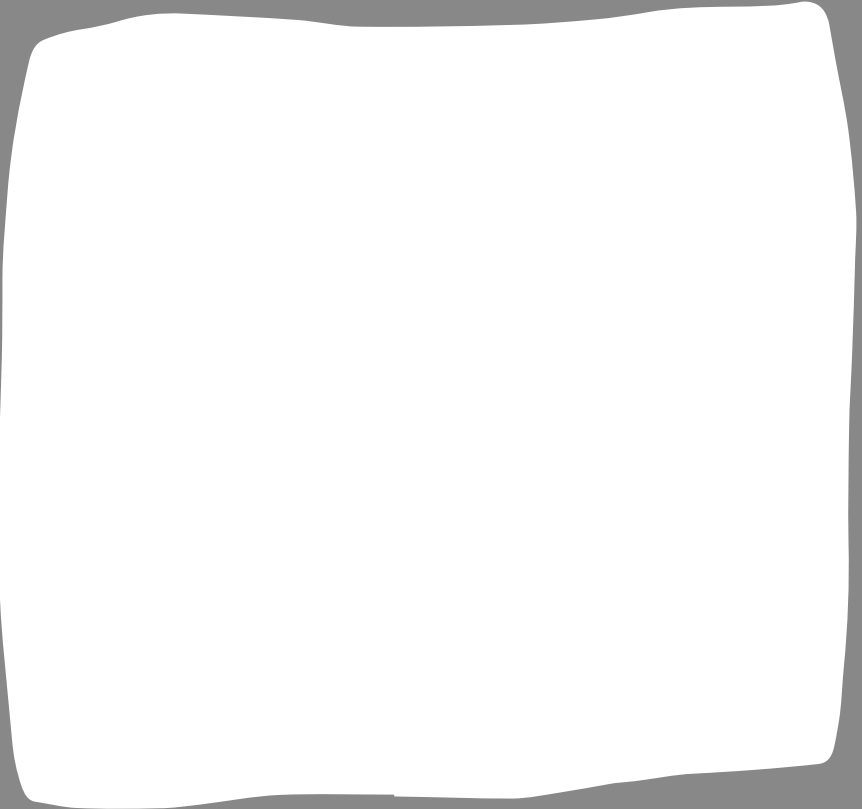


day 7

I will sing of the Lord's great love forever; with my mouth I will make your faithfulness known through all generations.

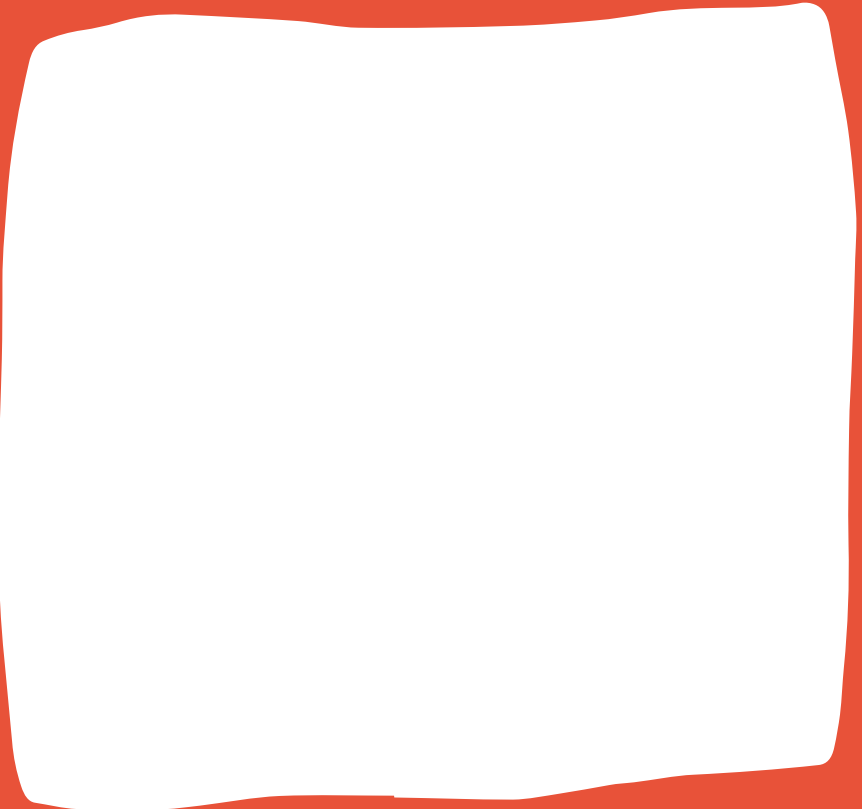
I will declare that your love stands firm forever, that you have established your faithfulness in heaven itself.

Psalm 89:1-2



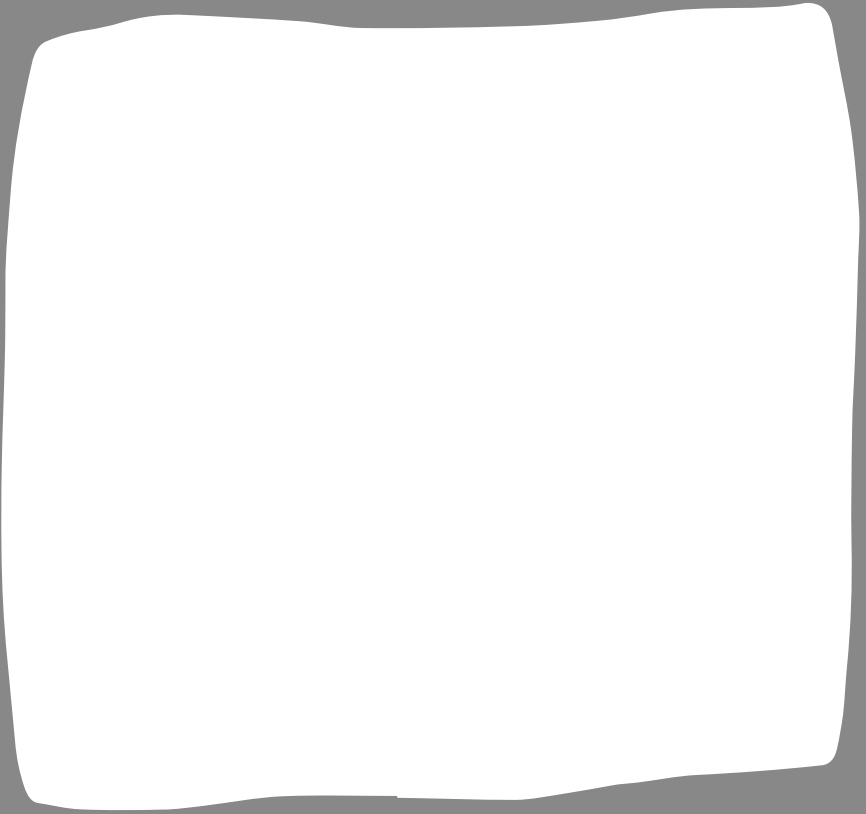
day 8

Oh come, let us sing to the Lord; let us make a joyful noise to the rock of our salvation! Let us come into his presence with thanksgiving; let us make a joyful noise to him with songs of praise! For the Lord is a great God, and a great King above all gods. Psalm 95:1-3



day 9

*It is good to praise the Lord and make music to your name,
O Most High, proclaiming your love in the morning and your
faithfulness at night, to the music of the ten-stringed lyre
and the melody of the harp. Psalm 92:1-3*



day 10

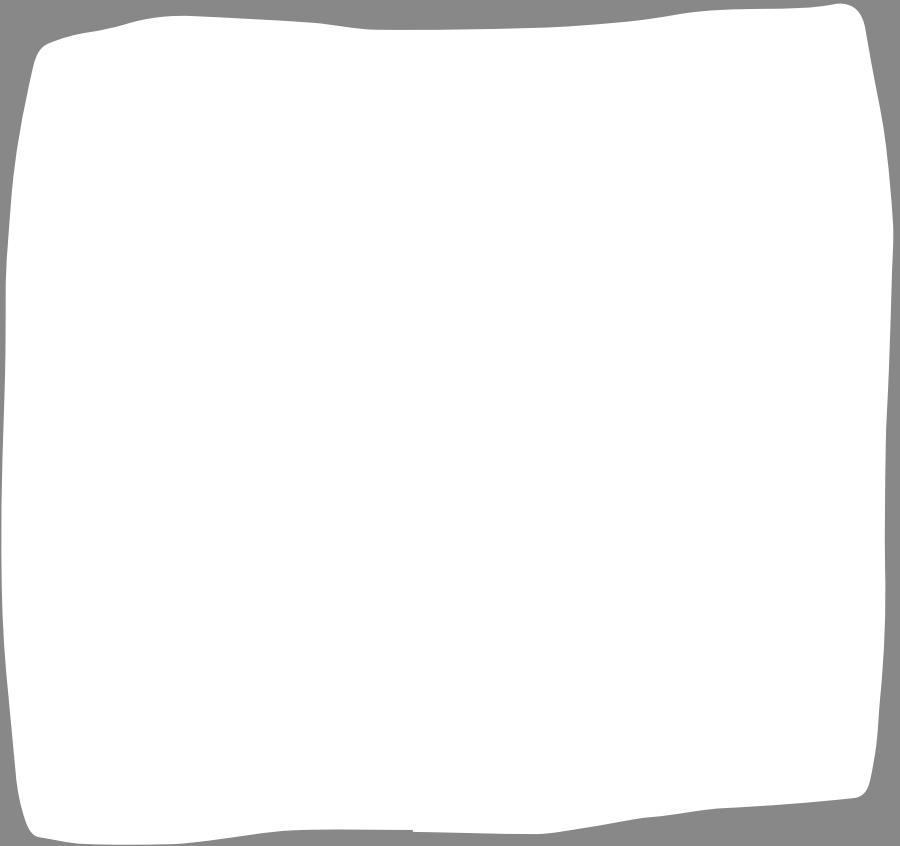
*Enter his gates with thanksgiving and his courts with
praise; give thanks to him and praise his name.*

Psalm 100:4



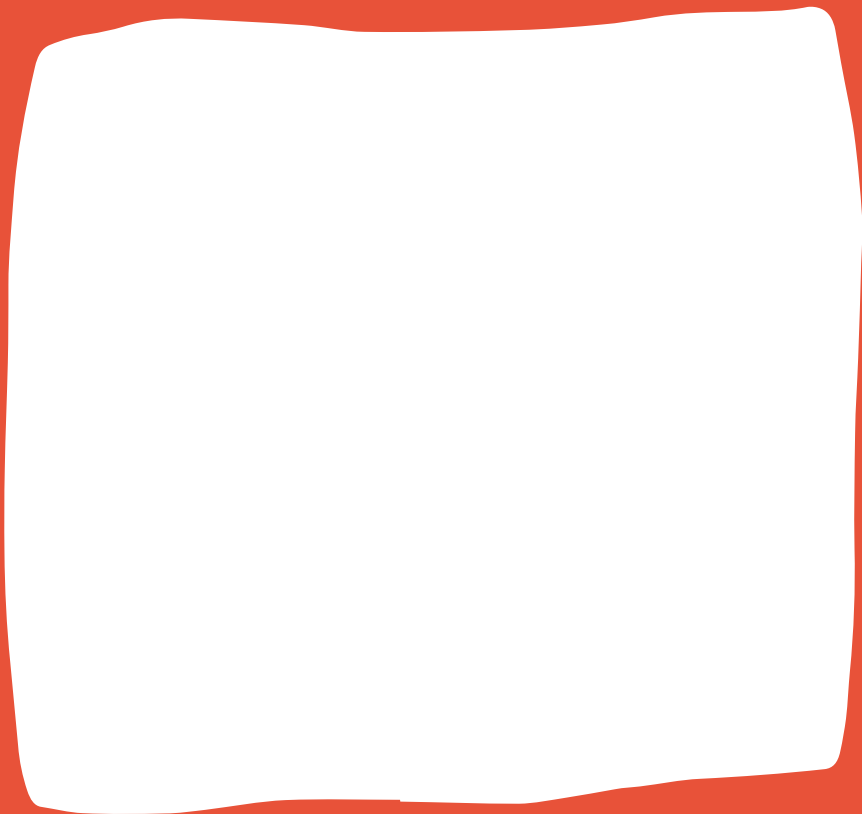
day 11

Let them give thanks to the Lord for his unfailing love and his wonderful deeds for mankind, for he satisfies the thirsty and fills the hungry with good things. Psalm 107:8-9



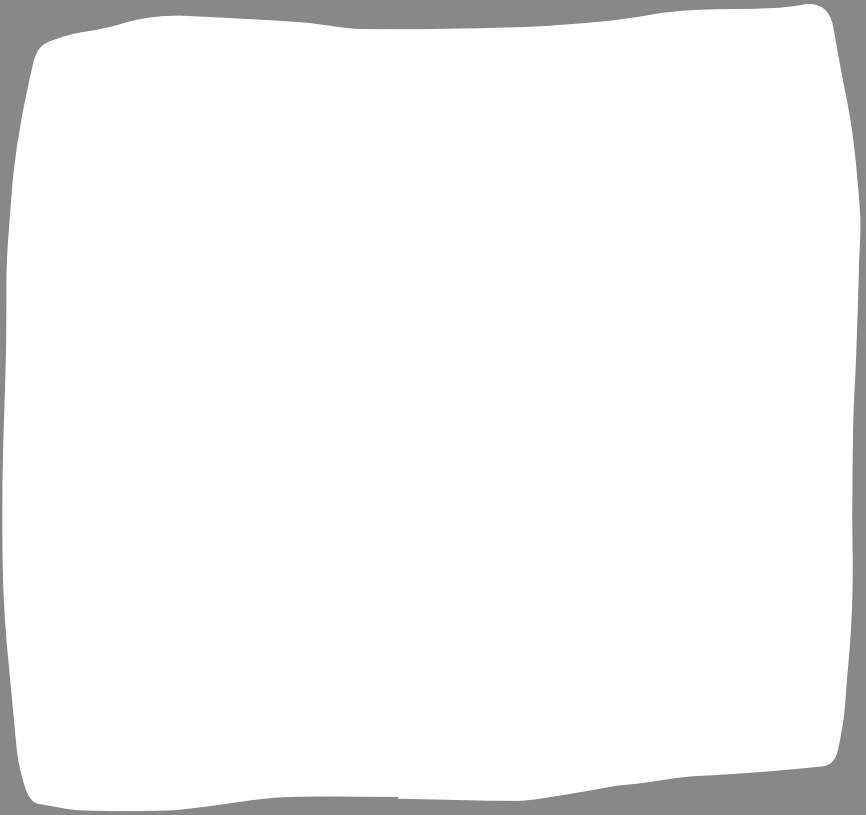
day 12

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Philippians 4:8



day 13

Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Give thanks to the Lord, for he is good; his love endures forever. 1 Chronicles 16:34



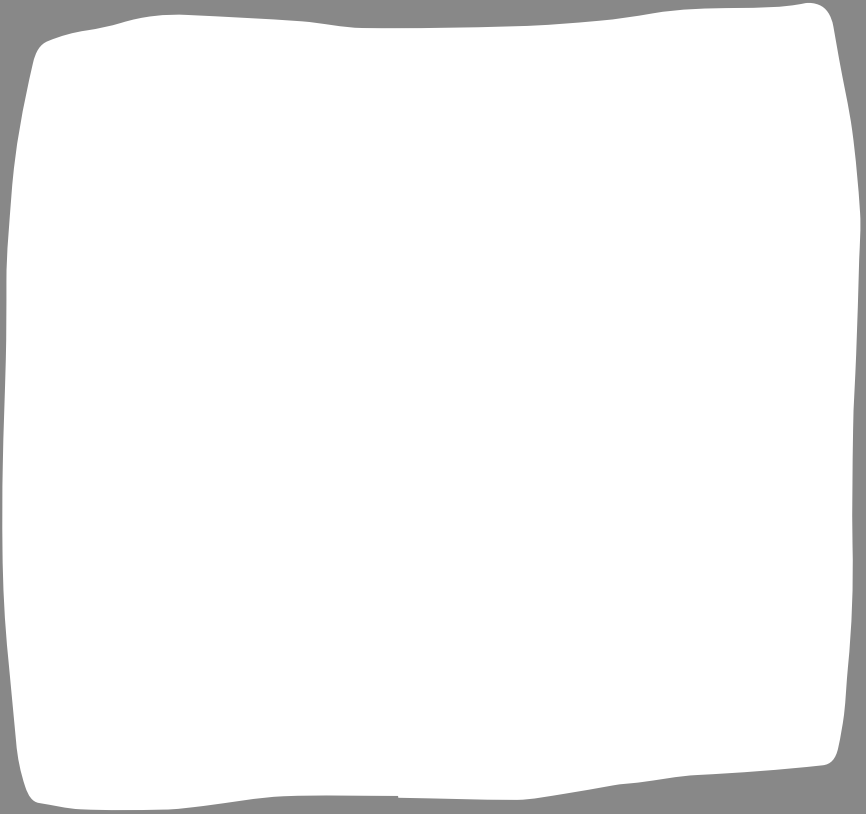
day 14

Give thanks to the Lord, for he is good; his love endures forever. 1 Chronicles 16:34



day 15

Jesus then took the loaves, and when he had given thanks, he distributed them to those who were seated. So also the fish, as much as they wanted. John 6:11



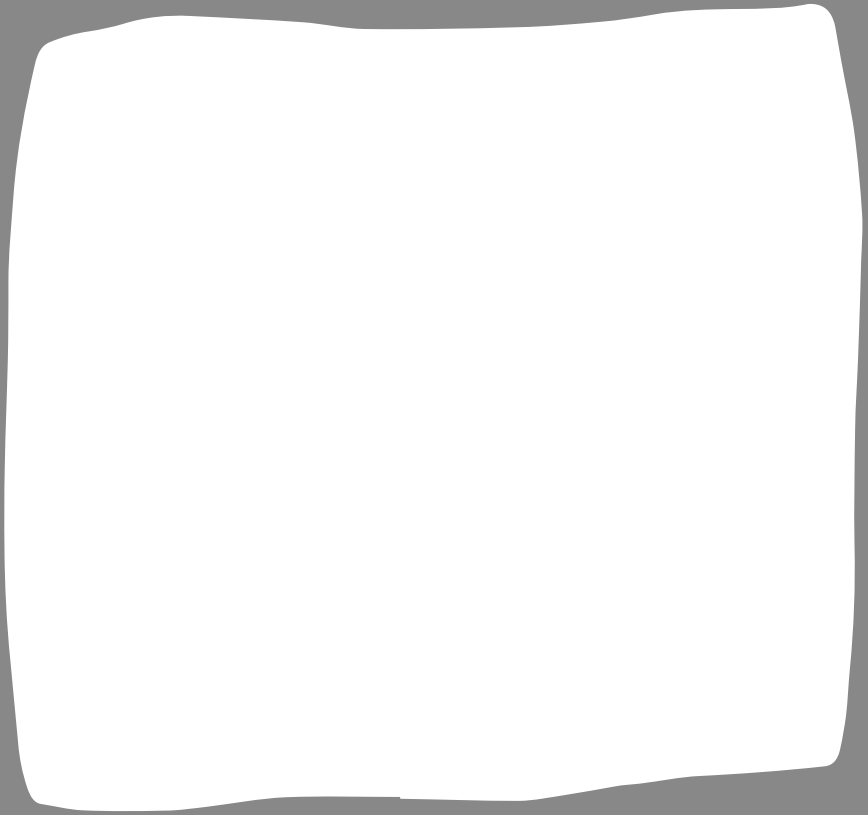
day 16

To you, O God of my fathers, I give thanks and praise, for you have given me wisdom and might, and have now made known to me what we asked of you, for you have made known to us the king's matter. Daniel 2:23



day 17

*I do not cease to give thanks for you, remembering you in
my prayers. Ephesians 1:16*



day 18

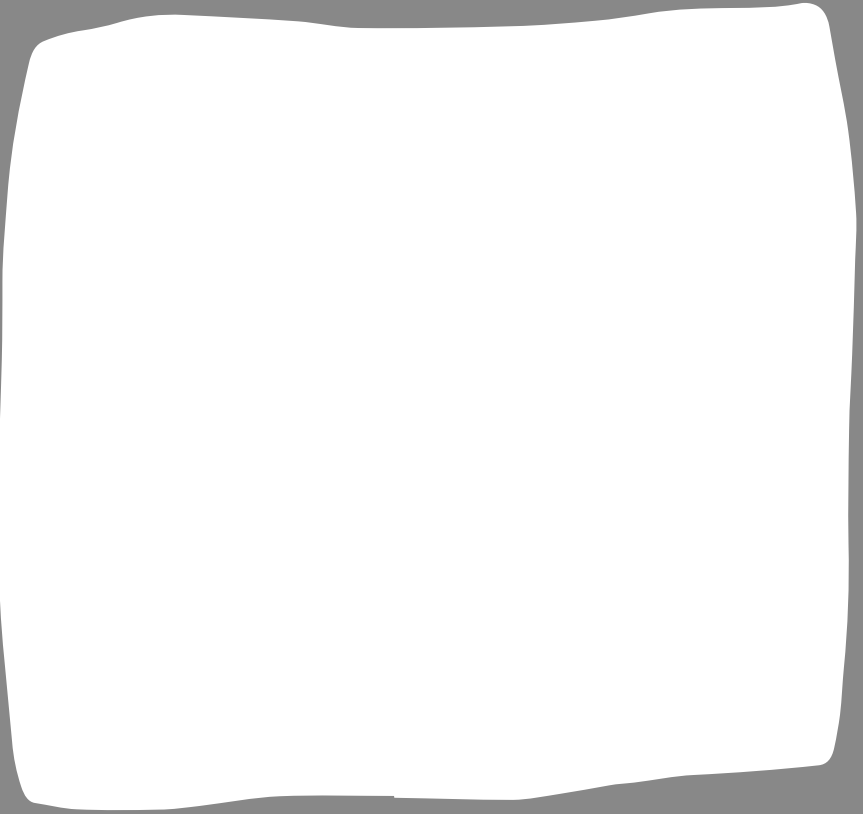
Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Colossians 3:15



day 19

Devote yourselves to prayer, being watchful and thankful.

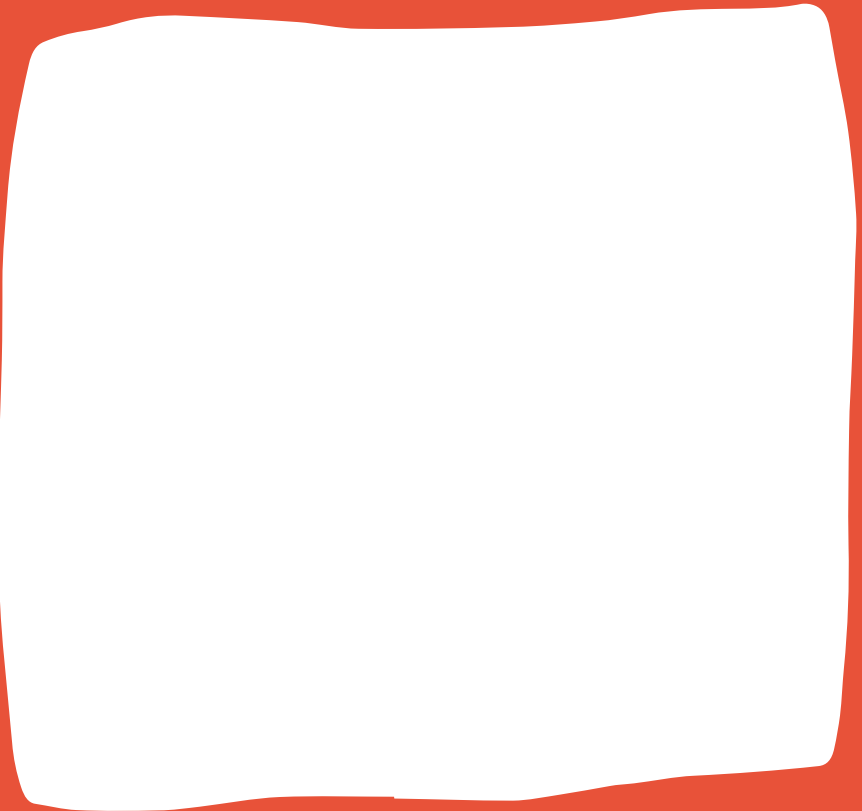
Colossians 4:2



day 20

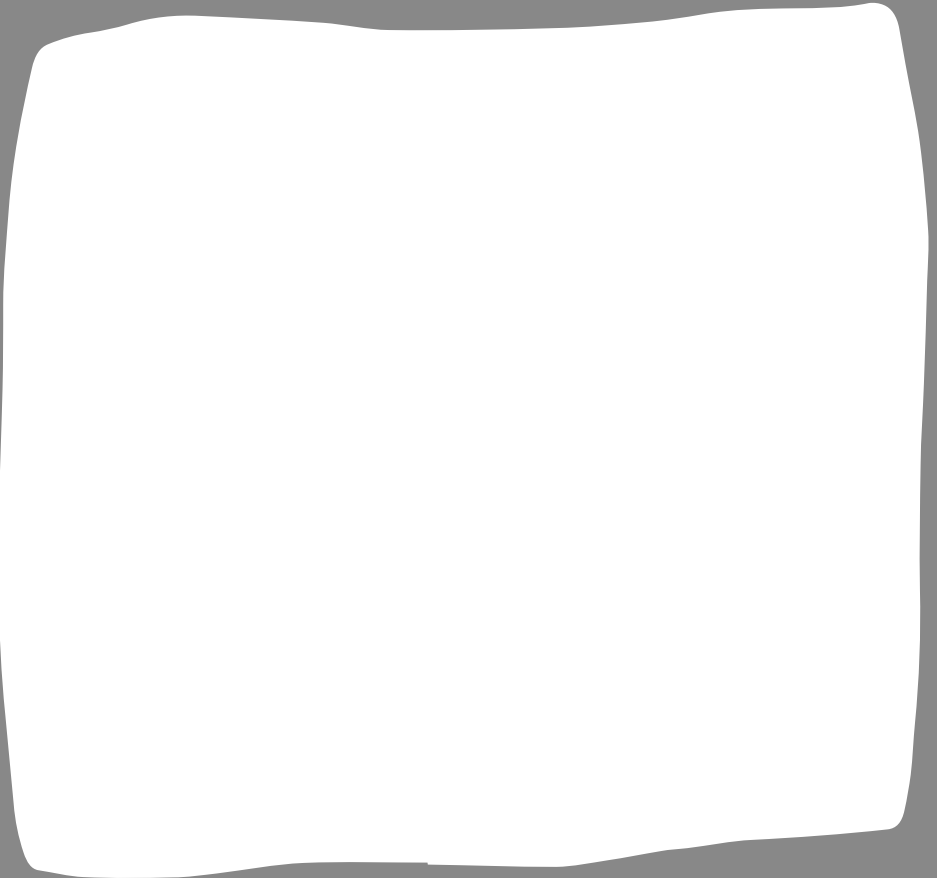
Addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ.

Ephesians 5:19-20



day 21

*Sing to the Lord with thanksgiving; make melody to our God
on the lyre! Psalm 147:7*



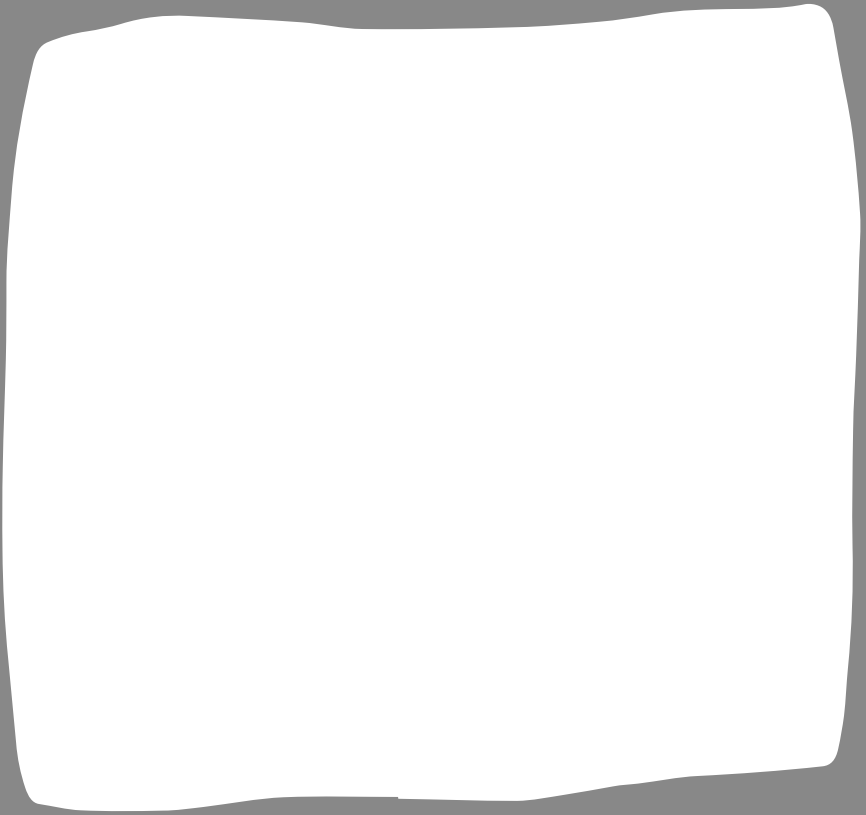
day 22

*I always thank my God for you because of his grace given
you in Christ Jesus. 1 Corinthians 1:4*



day 23

You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God. 2 Corinthians 9:11



day 24

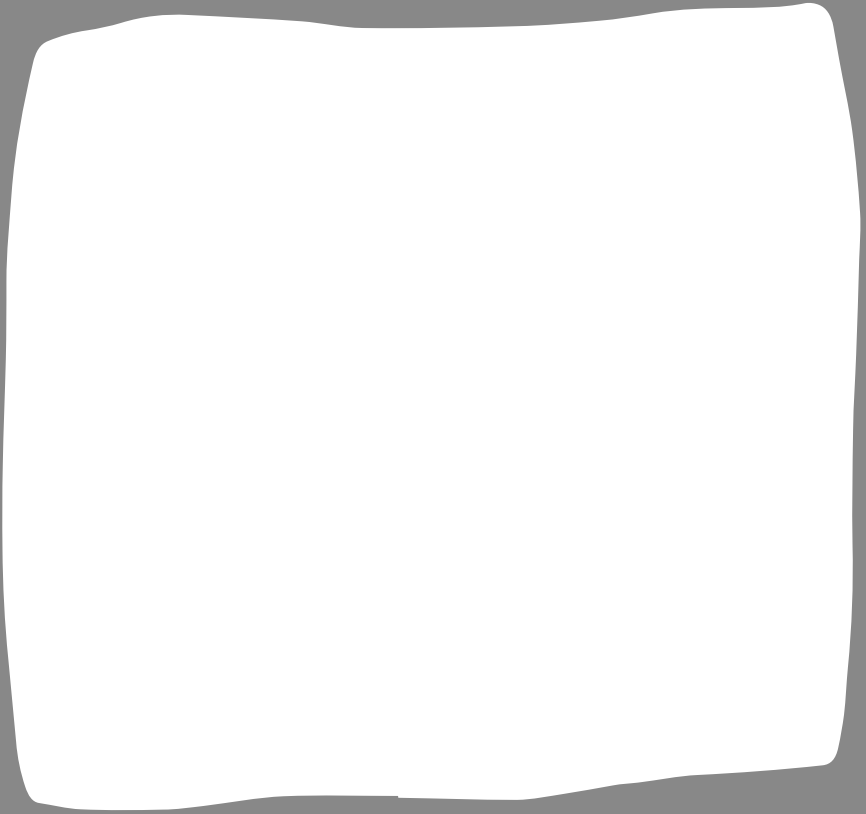
For everything God created is good, and nothing is to be rejected if it is received with thanksgiving, because it is consecrated by the word of God and prayer. 1 Timothy 4:4-5



day 25

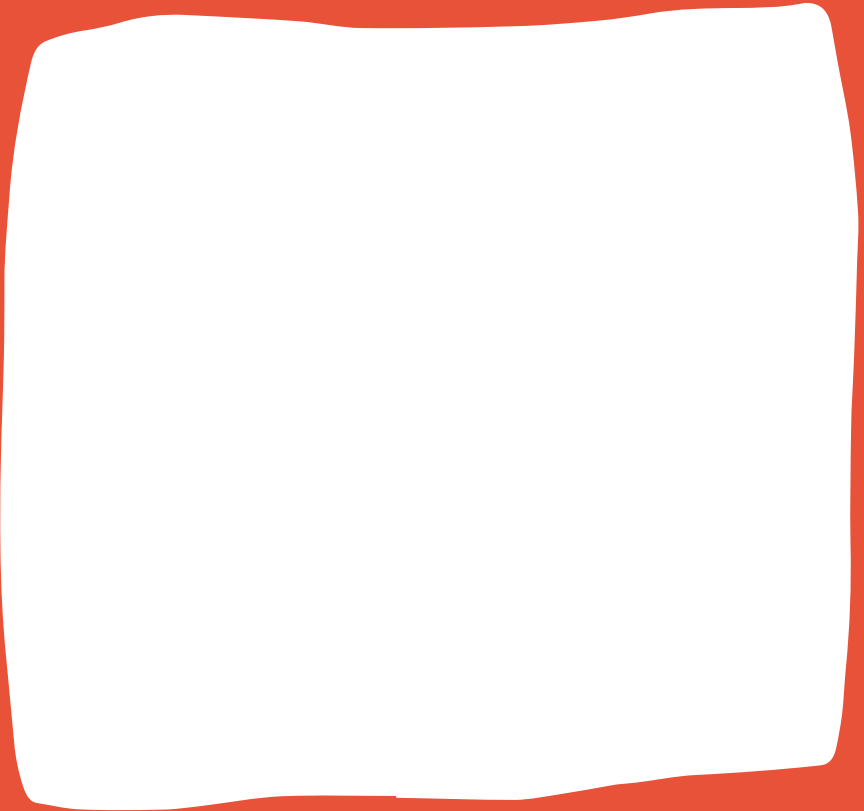
Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

1 Thessalonians 5:16-18



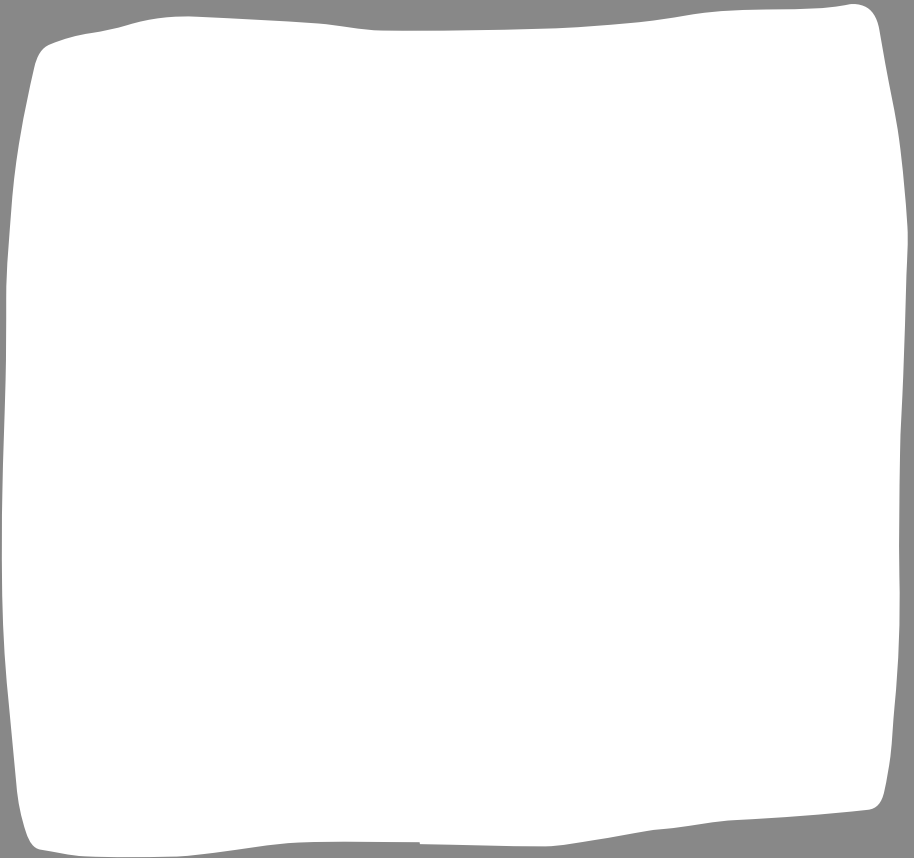
day 26

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7



day 27

*But I, with shouts of grateful praise, will sacrifice to you.
What I have vowed I will make good. I will say, 'Salvation
comes from the Lord.' Jonah 2:9*



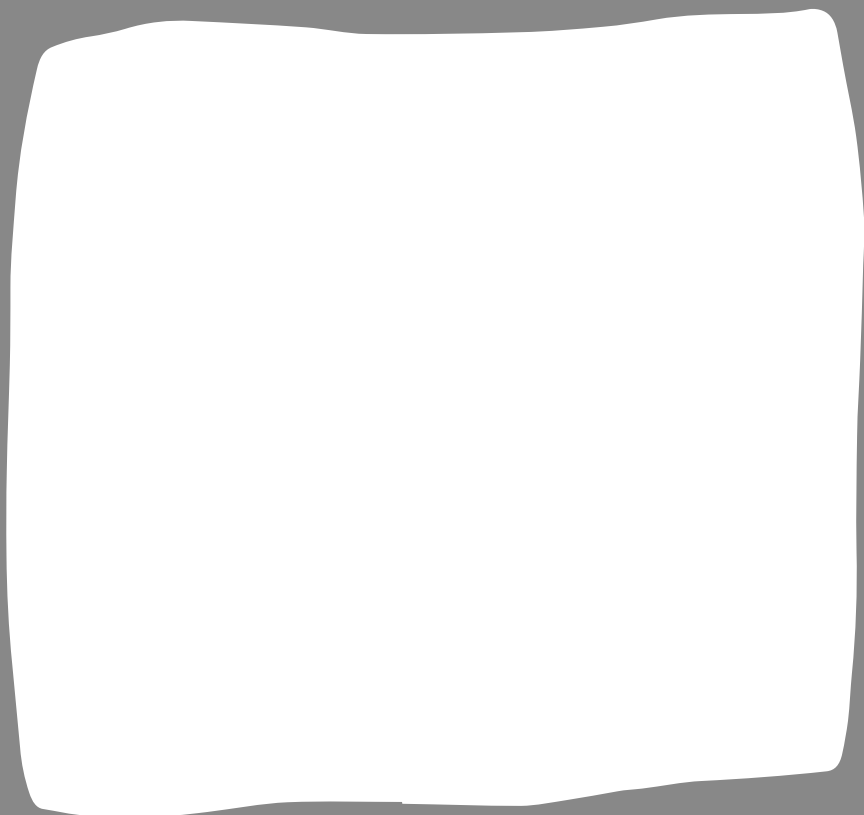
day 28

We give thanks to you, Lord God Almighty, who is and who was, for you have taken your great power and begun to reign. Revelation 11:17



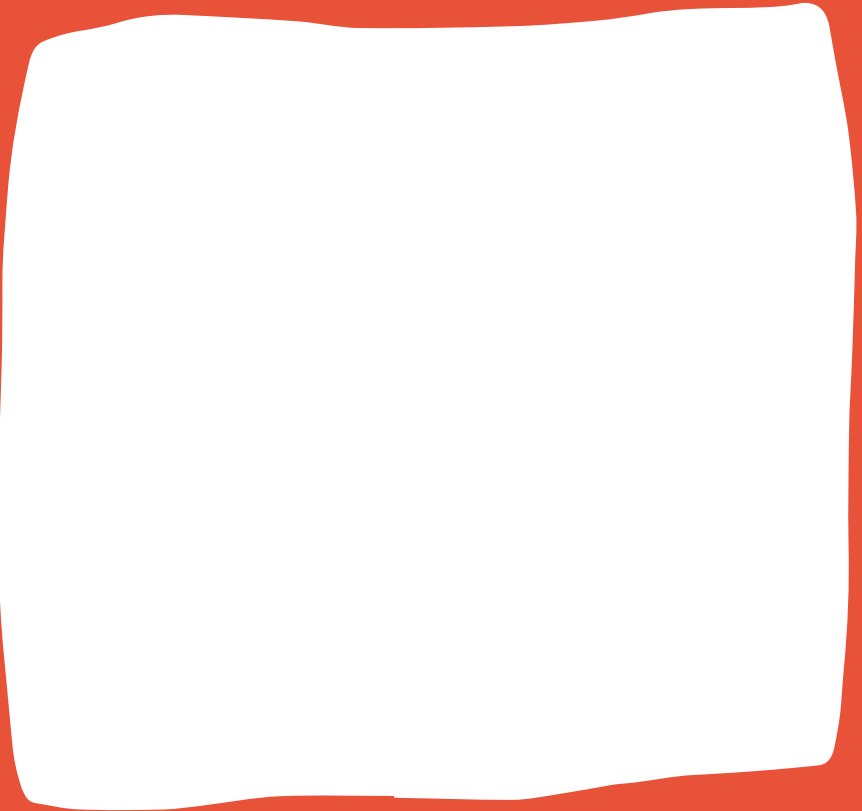
day 29

*Offer to God a sacrifice of thanksgiving, and perform your
vows to the Most High. Psalm 50:14*



day 30

*Sing praises to the Lord, O you his saints, and
give thanks to his holy name...that my glory may sing your
praise and not be silent. O Lord my God, I will give thanks
to you forever! Psalm 30:4, 12*



bonus

*...add 10 more and make
it to 100!*

*Let them thank the Lord
for his steadfast love, for
his wondrous works to
the children of man! And
let them offer sacrifices of
thanksgiving, and tell of
his deeds in songs of joy!*

Psalm 107:21-22



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